

CURRICULUM VITAE

1. **Family name:** Mocanu (former Vasioiu)
2. **First names:** Sorana
3. **Date of birth:** 08.11.1978
4. **Nationality:** Romanian
5. **Education:**

Institution (Date from-Date to)	Degree(s) or Diploma(s) obtained:
Romanian Academy – Research Institute for Quality of Life 2020-2024	Methods of measuring social change in the sphere of the family
Systemic Family Therapy School Iasi 2018 – 2023	Family Systemic Psychotherapy
Institute of Forensic Psychology Romania 2014	Forensic Psychological expertise and clinical psychology
Ministry of Labor, Family and Social Protection 2012	Competency Evaluator
Ministry of Labor, Family and Social Protection 2012	Project Management
International Computer School – Bucharest 2009	Trainer of Trainers (TOT)
The Academy of Economics – Bucharest 2005 – 2007	Master’s Program in International Project Management
“Titu Maiorescu”, University Bucharest Faculty of Psychology – Bucharest 1997 – 2002	Bachelor Degree in Psychology – Magna Cum Laude Degree in Clinical Psychology
“Romanian School of Art” 1993 – 1997	Degree in Visual Arts

6. **Language skills:** Indicate competence on a scale of 1 to 5 (1 – excellent; 5 – basic)

Language	Reading	Speaking	Writing
English	1	1	1

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Romanian/Moldavian	1	1	1
French	1	2	2
Italian	2	2	2
Russian	3	3	4

7. Membership of professional bodies: -

- Institute for Human Relations, Bucharest – Vice-President
- Member of Romanian Psychologists Association
- **Co-covonor for European Federation of Psychological Associations Bord for Human Rights (2016-2018)-** (overseeing and offering input on human rights violations and programmes on migration, juvenile justice and child protection at European level and reporting to country's Psychological Associations for further actions).

8. Other skills: Computer literacy, SPSS, Training, M&E.

9. Present position: Vicepresident and Clinical Psychologist

10. Years within the firm: 23

11. Key qualifications:

- Certified in Psychological First Aid WHO Training
- Training on "Mental Health & Psychosocial Support in Emergency Settings" by UN agencies (2024 UNICEF)
- MHPSS for Children and Caregivers in Adversity
- Coursework/training in trauma-informed counseling
- Designed and facilitated psychosocial support groups for cultural mediators exposed to migrant rescues
- Conducted ongoing staff wellbeing checks and individual counseling for stress management
- Developed self-care materials and delivered resilience training to frontline staff
- Carried out needs assessments and evaluation of psychosocial initiatives
- Provide psychotherapy to individuals, families and groups impacted by torture, in order to model treatment methods.
- Capacity Building and Organisational Development,
- Substantial experience in identifying, designing and implementing programmes for national and regional agencies;
- Facilitating mobilization of domestic and international resources, including resources under the EU Structural Funds
- Formulation of international policies and programmes to promote human rights, improve working and living conditions, and enhance employment opportunities,
- Training and Strategic Planning,
- Project Monitoring and Evaluation,
- Data collection and analysis, including operational research, behavioural surveys, situation analysis, and formative research,
- Budgeting.

12. Specific experience in the region:

Country	Date from - Date to
Romania	1997 – 20
Cambodgia	2004
Kazakhstan	2004 – 2005
Kyrgyz Republic	2004 – 2006
Moldova	2004 – 2005

13. Professional experience:

Date:	10.07.2023–Present
Location:	Romania
Company	UNICEF
Position	MHPSS Consultant
Description	<ul style="list-style-type: none"> - Contributed to the implementation of UNICEF MHPSS interventions, development of concept notes and proposals for strategies to engage partners and develop tools - Supported MHPSS within the Refugee Response context - Contributed to the design and delivery of capacity building actions such as specialized training and awareness raising initiatives - Contributed to the development of MHPSS tools for Romania - Reviewed technical MHPSS resources and documents English-Romanian as needed - Provided technical guidance to develop and implement different MHPSS action plans catering to vulnerable populations - Promoted a coordinated system-based approach to integrate MHPSS in health and social sectors in coordination with partners - Continuously mapped mental health support services and developed integrated psychosocial support in coordination with stakeholders - Facilitated development of community-based Mental Health services - Participated with stakeholders to develop materials and raise awareness on MHPSS needs to counter stigma and discrimination

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	<ul style="list-style-type: none"> - Provided technical advice to partner organizations on instituting robust MHPSS programs - Developed technical content for online applications developed under UNICEF support - Developed psychological first aid crisis intervention projects and trainings and cross-cultural counselling interventions.
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Date:	01.10.2020–15.09.2023
Location:	Romania
Company	World Health Organization
Position	Clinical psychologist and MHPSS Consultant
Description	<ul style="list-style-type: none"> - Conducted a study together with the Behavioural and Cultural Insights Unit, Division of Country Health Programmes. The evaluation project focused on an intervention implemented in early 2020 in Timisoara and has been ongoing since December 2021. The intervention comprised three interconnected but distinct components. The first component focused on increasing the self-efficacy of junior doctors by providing expert advice on managing COVID-19 patients. This intervention was delivered through an expert system known as the "Pandemic Controller," which aimed to enable doctors to benefit from the infectious disease and COVID-19 patient staging, treatment, and monitoring expertise of other specialists. Moreover, this system aimed to enable faster and better management of COVID patients within hospitals. - Developed a screening app (WHO LENA) for family doctors to enable rapid and efficient diagnosis of mental disorders, as well as to promote mental health issues among the population. - Conducted a needs analysis regarding mental health issues in relation to the COVID-19 pandemic. - Communicated with contact persons from governmental and non-governmental institutions to conduct research on the impact of the COVID-19 pandemic on mental health and compile a set of recommendations for a proposal on the National Mental Health Strategy. - Prepared informative, analytical or other documents that facilitated the implementation/realization of planned activities, including those related to corresponding narrative and financial reporting. - Monitored and evaluated activities carried out within the Project. - Prepared periodic narrative reports on project implementation and translated these and other related materials into English. - Participated in planning meetings, meetings with relevant stakeholders, evaluation visits, and preparation of necessary

confirmatory documents.

- Ensured efficient communication with the regional office on mental health issues identified as a result of the pandemic crisis.

As MHPSS Sector Lead

- Coordinated MHPSS sub-Working Group meetings and activities under MHPSS Emergency Response Plan
- Provided technical and operational support to MHPSS Task Force Members including service mapping, assessments, capacity building activities, organization of events
- Contributed to implementation of WHO Romania CO's MHPSS strategy, development of concept notes and proposals including budget
- Supported MHPSS within Refugee Response Coordination system, Inter-Sectoral Coordination Mechanisms, non-MHPSS actors, Government of Romania, and Donor Community
- Contributed to design and delivery of capacity building actions such as training of trainers, specialized training, awareness raising initiatives for WHO Romania CO and Romania MHPSS Task Force
- Supported partners and State Secretary of Health Care in resource mobilization for MHPSS activities
- Contributed to development of MHPSS tools for Romania
- Translated/reviewed MHPSS resources and documents English-Romanian as needed
- Provided technical guidance to develop and implement MHPSS action plans catering to vulnerable populations across response and recovery phases
- Promoted coordinated system-based approach to integrate MHPSS in health and social sectors
- Continuously mapped mental health support services and developed integrated psychosocial support in coordination with stakeholders
- Facilitated development of community-based Mental Health services
- Provided crisis counseling to refugees and asylum seekers who experienced trauma
- Trained social workers in psychological first aid and refugee mental health
- Established referral pathways for specialized psychosocial care
- Conducted awareness sessions on psychosocial needs of displaced populations
- Participated with stakeholders to develop materials and raise awareness on MHPSS needs to counter stigma and discrimination
- Provided technical advice to partner organizations on instituting robust MHPSS programs
- Developed technical content for online app adapted to

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	<p>emergencies</p> <ul style="list-style-type: none"> - Performed needs assessments to identify major stressors experienced by country staff during deployment - Responded to critical incidents by conducting assessments, developing interventions, and making recommendations - Drafted and reviewed technical documents and information products - Established and oversaw a network of cultural mediators employed by WHO to provide psychosocial first aid and emotional support to refugee populations - Conducted training for the cultural mediator team on psychological first aid, crisis intervention, self-care and burnout prevention - Provided ongoing clinical supervision, mentoring and quality assurance for the mediators' psychosocial support activities - Performed regular monitoring of the psychosocial needs and stress impacts on the cultural mediator team - Facilitated monthly group sessions for the mediators to discuss challenges, coping strategies and resilience-building - Developed guidance materials, referral protocols and quality standards for the mediators' psychosocial role - Conducted initial and quarterly needs assessments - Completed monthly reports on coordination meetings with mental health professionals - Completed reports of focus groups and interviews with mental health professionals - Developed professional content for training and mental/emotional support - Developed technical content for WHO LENA online app - Advised management on stress mitigating strategies and activities to enhance staff welfare - Provided individual and group counseling for staff members and families
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Date:	01.09.2014–Present
Location:	Romania
Company	Mocanu A. Sorana - Psychology Private Practice
Position	Clinical psychologist
Description	<ul style="list-style-type: none"> - Provide psychological assessments, including administration, scoring and interpretation of a wide range of psychometric measures for children/youth - Provide interpretation of psychometric findings and communicate diagnoses to clients, parents, clinical staff and community professionals (ie, educators) in everyday language. - Produce comprehensive, but succinct, easy-to-read reports with practical recommendations

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	<ul style="list-style-type: none"> - Provide case consultation to clinical/educational teams and support professional development of clinical/educational staff. - Work effectively as an integral part of an interdisciplinary team to provide the psychology lens in case and program consultation. - Conduct psychological expertise and submit report for courts and other investigative bodies having strong expertise in the field of child rights and child protection; knowledge of migration, juvenile justice and social inclusion programs - Participate in case conference meetings to inform, assess and provide consultation for treatment/educational planning - Present to clinical/education staff for professional development
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Date:	15.09.2002–Present
Location:	Romania
Company	Institute for Human Relations
Position	Vicepresident and Clinical Psychologist
Description	<p>As Vicepresident</p> <ul style="list-style-type: none"> - Hold regular meetings with the aim of designing the Institut's activity plans, regularly monitoring their implementation, taking the decisions needed to face any emergency or unforeseen events affecting the implementation of the ongoing projects. - Select and hire the technical and administrative staff of the different projects, complying rigorously with Donor's procedures; train the project's staff on different policies and Code of Conduct and make sure each staff abides by them - Manage the financial resources of the projects strictly abiding by Donor's procedures. This implies: drafting quarterly plans of expenditures, in accordance with the activity plan and the approved project budget, in collaboration with the project administrator; regularly revise them in order to ensure a smooth implementation of the activities; regular check of the financial documentation prepared by the administrator; d. financial reporting to the the donor (according to the timeframe set forth in the Grant Contract). - Design project Monitoring Plans and tools based on the projects log-frame, supervise their correct implementation and the timely collection of all sources of verification - Draft reports requested by the Donor, according to the timeframe set forth in the Contract

	<p>As Clinical Psychologist</p> <ul style="list-style-type: none"> - Provide psychological assessments including specialised psychometric assessment, neuropsychological assessment, structured observations, clinical interviews, and to interpret and integrate this data into treatment plans that are specific to each client; - Deliver evidence-based psychological treatments, monitoring outcome and modifying and adapting interventions drawing on a range of theoretical options; - Assess and monitor risk and draw up appropriate risk management plans with beneficiares; - Communicate skilfully, tactfully and sensitively highly complex and sensitive information with clients, carers and colleagues taking account of sensory and cultural barriers to communication; - Provide psychological support to clients who are experiencing (or have experienced) serious emotional trauma and also to provide support to carers and staff working with such clients; - Maintain the highest standards of clinical record keeping and report writing, including electronic data entry and recording; - Train junior psychologysts in delivering specific psychological interventions (including motivational enhancement therapy and cognitive behaviour therapy). - Plan and undertake teaching and training and provide supervision for the psychological work of other multi-disciplinary staff as appropriate; - Provided clinical supervision and case consultation for practitioners treating trauma survivors - Conducted psychological assessments and treatment planning for individuals with PTSD, complex trauma - Developed and facilitated trauma recovery groups incorporating mindfulness and somatic approaches - Established protocols for psychological first aid and stepped care for trauma-affected populations - Conducting assessments of mental health services. Developing projects and implementation plans, in collaboration with national partners;
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Date:	15.01.2012–30. 09.2015
Location:	Romania
Company	Ministry of Education, Research, Youth and Sport and Youth for Youth Foundation
Position	Psychologycal Expert
Description	<ul style="list-style-type: none"> - Reviewing / adapting / developing of a modular curricula for health education - Raising awareness and promotion of the health basic rules for children from rural areas. Developing materials and production of information-education-communication for 65,600 children in kindergartens and primary schools, promoting

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	<p>basic hygiene standards and maintain health, conducted in a manner attractive and effective for this target group;</p> <ul style="list-style-type: none"> - Developing of the training curricula and training of the school counsellors (50), directors of schools (282), management staff, monitoring, evaluation and control of the School (210); - Conducting an impact assessment project: quantitative research, qualitative study.
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Date:	01.03.2010–30.09.2011
Location:	Romania
Company	Ministry of Education, Research, Youth and Sport and Youth for Youth Foundation
Position	Expert (Psychologist and Trainer)
Description	<ul style="list-style-type: none"> - Conducted research and preparation for the training and drafting outline training plans for all sessions. - Development of the training curricula covering the Mental Health chapters for all the key stakeholders in the Education System; - Complete finalised training packages and training delivered; - Completed a training evaluation report.

Date:	3.03.2008–31.12.2009
Location:	Romania
Company	The Joint United Nations Programme on HIV/AIDS - (UNAIDS)
Position	M&E specialist
Description	<ul style="list-style-type: none"> - Provided technical assistance with regard to the implementation of the HIV/AIDS project activities: develops, supports and assists in the organization of the meetings and activities, prepared seminars, workshops, training sessions, prepared and coordinates field visits for the missions in cooperation with programme, NGOs and government departments. - Provided support to consultants in implementing planned activities; - Provides technical support for the development/implementation of the National HIV/AIDS Strategy; - Ensured standard M&E tools are used in all areas implementing UNAIDS Funds and provide support to national M&E systems; - Communicated regularly information of interest to the counterparts, drafts correspondence with national counterparts, assists in editing advocacy/informational materials, which can serve as a documentary base; - Elaborated technical reports regarding projects

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	<p>implementation</p> <ul style="list-style-type: none"> - Participated in drafting TORs for all consultants, training and research activities and subcontracts; - Contributed to the preparation of reports, project documents and submissions to the Government/donors and other counterparts by collecting information from and reviewing programme records and relevant documents. Prepares periodic and ad-hoc reports on HIV/AIDS project activities; - Prepared and maintains records, documents and plans for the monitoring of project implementation; - Provided support to national M&E systems through Romanian HIV/AIDS Centre; - Facilitated collection and analyze all information regarding implementation of National AIDS Spending Accounts; - Provided administrative support for UNAIDS Office in Romania (processing invoices and reimbursement forms, ensures management of expenses and projects accounts, other related tasks).
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Date:	06.2007–10.2007
Location:	Romania
Company	United Nations Office on Drugs and Crime (UNODC)
Position	National Consultant on the assessment of the situation of HIV prevention and treatment services available to injecting drug users (IDUs).
Description	<ul style="list-style-type: none"> - Conducted the assessment of the capacity of the local Counselling and Prevention Centers of the National Anti-drug Agency and local NGOs to deliver HIV prevention to IDUs (including administrative capacity, sustainability, technical competency, staffing, training needs, data collection and reporting). - Offered substantive support and monitoring of programmes and projects on social policy and planning. - Conducted the evaluation of social action programmes and projects, executed by governmental institutions and NGOs. - Identified the local stakeholders (local government, civil society, PLWHA's associations, drug treatment services and centres of the National Anti-drug Agency). - Developd an interview guide to be used for interviewing the local stakeholders with regard to their level of awareness and involvement in HIV prevention and treatment services available to IDUs, estimated size of the IDUs' population at local level, type of drugs used. - Examined the existing strategies developed by the local authorities where medical, social and psychological aspects related to drug use are reflected.

Date:	15.06.2006 – 31.12.2006
Location:	Romania

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Company	United Nations Development Programme (UNDP) and General Inspectorate for Emergency Situations
Position	Psychological Counsellor
Description	<ul style="list-style-type: none"> - Provided staff with individual and/or group counseling (i.e. assessment, short-term intervention, referral), following self-referral or referral by the supervisor or another professional; - Facilitated the treatment of psychiatric disorders primarily through referrals, including to the medical services division, and through guidance to supervisors and senior management, where appropriate; - Identified competent local resources for referrals whenever necessary; - Established a network of peer helpers, including the training and technical supervision of the peer helpers; - Provide emergency psychosocial support to staff who have been involved in critical incidents.

Date:	01.10.2005 – 02.06.2006
Location:	Bishkek, Kyrgyz Republic
Company	UNV Kyrgyzstan and UNFPA Kyrgyzstan
Position	Psychologist- Consultant
Description	<ul style="list-style-type: none"> - Monitored and evaluated the established “Youth Friendly Centres” and supported the activities of the “National AIDS Centre” and its regional offices; - Conducted research and social analysis for a number of UNFPA Project Proposals including Health and Family Planning, BCC and HIV/AIDS prevention; - Conducted the assessment of the capacity of the local Counselling and Prevention Centers of the Unit for Coordination and Monitoring in HIV/AIDS area and local NGOs to deliver HIV prevention to IDUs (including administrative capacity, sustainability, technical competency, staffing, training needs, data collection and reporting); - Participated in nationwide awareness-raising campaigns, in cooperation with the government, non-governmental organizations, international donors and other UN agencies; - Introduced new entertainment-education techniques, such as the production of soap operas or youth radio programmes related to HIV/AIDS; - Wrote the Volunteer Management Handbook for United Nations Volunteer Kyrgyzstan; - Built capacity through staff training and advisory support.

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Date:	2005 – 2006
Location:	Kyrgyz Republic
Company	Kyrgyz Government – The Unit for Coordination and Monitoring in HIV/AIDS area
Position	Social Policy Advisor
Description	<ul style="list-style-type: none"> - Assisted the Kyrgyz Government in the drafting of the National HIV/AIDS Strategy; - Enhanced local and central administrative capacity to implement and monitor sustainable policies and programs; - Successfully bridged between local organization and the Kyrgyz Government to identify recommendations and best practices; - Created a virtual network between local authorities, local NGOs and Central Authority for a more sustainable implementation of health related programmes and a better understanding of the needs.

Date:	2001 – 2005
Location:	Romania, Kyrgyzstan, Kazakhstan, Moldova
Company	United Nations Development Programme (UNDP)
Position	Psychological Counsellor
Description	<ul style="list-style-type: none"> - Conducted activities alongside a team of UNDP experts in preparing assessment instruments for developing training programs for educators in both rural and urban areas in various countries in Eastern Europe as well as Central Asia (Kyrgyzstan, Kazakhstan); - Worked with the Romanian Government (the Ministry of Education and the Ministry of Health) in elaborating the guiding principles of the program “Health Education in the Romanian School”, approaching different issues including HIV/STI prevention, family planning and the prevention of illegal substances use and abuse; - Coordinated local and international experts in providing professional training and counselling to students and educators in high schools and universities in more than 100 national and international locations, as part of a development programme for the promotion of healthy sexual education and HIV/STI prevention; - Reported to UNDP Romania CO, on a quarterly basis, on the delivery of stated activities and outputs as identified in the project document as well as constant monitoring and evaluation of the project impact on targeted groups. - Designed, prepared and organized awareness caravans and meetings/debates, both in terms of substance and logistics (including selection of service suppliers, relevant participants, location, etc); - Prepared for submission to UNDP Romania CO an Annual Progress Report as well as a Quarterly Progress Reports to the tripartite review meetings;

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	<ul style="list-style-type: none"> - Conducted numerous in-country and aboard research activities for the development of materials aimed at improving the quality of services provided by peer educators and counsellors on health related issues.
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Date:	2002 – 2005
Location:	Romania
Company	University of « Titu Maiorescu » Faculty of Psychology
Position	University professor
Description	<ul style="list-style-type: none"> - Social psychology; - Clinical Psychology; - Research techniques and methodology.

Date:	1999 – 2001
Location:	Romania
Company	ACCEPT Romania
Position	Project Coordinator/Research Specialist
Description	<ul style="list-style-type: none"> - Examined social aspects of at-risk behaviour and plan processes and strategies for vulnerable groups to address them through long term, sustainable interventions; - Assisted in the preparation of donor reports and monitoring and evaluation plans for ACCEPT Romania projects to provide detailed definitions of performance and target values; - Conducted psychological counselling sessions for ACCEPT target groups and education for a healthy sexual life, STD and HIV/AIDS prevention; - Prepared briefs and articles on ACCEPT Romania activities within the country and update the information contained on the Web Page.

Date:	1997 – 1999
Location:	Romania
Company	Romanian Angel Appeal – NGO
Position	Project Coordinator
Description	<ul style="list-style-type: none"> - Helped design and coordinate the RAA HIV/AIDS project (the on-line research and self-help exchange) aimed at increasing the access of the population to information on HIV/AIDS through the use of new technologies (Internet); - Carried out research and data analysis for various national awareness campaigns on HIV/AIDS and high-risk social groups; - Conducted outreach campaigns for the rehabilitation and reintegration of children with mental disabilities from a number of placement centres throughout Romania;

	<ul style="list-style-type: none">- Represented the organization at national conferences and meetings;- Performed any other duties as assigned by the Country Director.
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14. Others relevant information (egg. Publications, Training sessions attended):

- 2024- Author

Chapter in the book Family in Crises- The Family in Crisis and the Dynamics of Power in a Transgenerational Context- soon to be published

- 2021- Co-author

Bogdan Voicu, Daniel Arpinte, Simona Mihaiu, Sorana Mocanu. Evaluare a Programul de Bogdan Voicu, Asistare pentru Viață Semi-Independentă (PASI), SOS-Satele Copiilor & ICCV

- 2020- Author - The Family Fertility Vignette. Case Study: The Decision Tree on Fertility, Published in Romanian Sociology Jurnal

- 2005 – Co-author

Save the Children – Romania and ANA (Romanian National Anti-drug Agency) Multimedia CD on drug use prevention for teenagers and trainers.

- 2005 – Co-author

Romanian Ministry of Education brochure for social workers and counselors on child abuse.

- 2005 – Co-author

Romanian Ministry of Education brochure for parent’s education campaign.

- 2005 – Co-author

Dr. Marian Ciobanu’s book “Adolescence”.

- 2003-2004 – Co-author

UNDP – Romania Multimedia CD on promotion of healthy sexual education and HIV/AIDS prevention.

- 2004-2009 – Regular guest on the various TV programmes, including: “Masculin or feminine”, “9595”, “Singur pe Lume”, “Povesti de Viata”, “Ora de Stiri” and other TV-Shows.

- 2007 London, England- Attended the CEOP United Kingdom (Child Exploitation and/or On-line Protection) training programme: “Foundation course in understanding and working with child sex offenders”.

- 2008 London. England- Attended the CEOP United Kingdom (Child Exploitation and/or On-line Protection) training programme: “Interviewing sex offenders”.